

## Type 2 Diabetes Medications: Meglitinide

One class of diabetes medications is **meglitinides** (meh-GLIH-tin-ides).

### **How Do Meglitinides Work?**

Meglitinide works by stimulating the release of insulin in the presence of glucose after eating. This lowers your blood glucose level.

### **What Are Some Generic Names For Meglitinide?**

Some generic names for meglitinides are repaglinide (re-PAG-lyn-ide) and nateglinide (nah-TAG-lin-ide).

### **What Are Some Brand Names For Meglitinide?**

Some brand names for meglitinides are Prandin<sup>®</sup> and Starlix<sup>®</sup>.

### **How Many Times A Day Should You Take Meglitinide?**

Your doctor may prescribe meglitinides to be taken up to three times a day. These medications should be taken from 30 minutes before to just before a meal because meglitinides work very quickly. If you skip a meal do not take your medicine.

### **What Are Some Potential Side Effects of Meglitinide?**

Meglitinides may cause weight gain, headaches, nausea, upper respiratory tract infection, nasal inflammation, back pain, joint pain, or hypoglycemia (low blood sugar). The risk of hypoglycemia increases when you drink alcohol, are very active for a prolonged period, and/or eat less food or fewer calories.

*This handout contains general information on diabetes medication. It is not intended to replace medical advice. It is important to talk to your doctor or pharmacist about your dosage and any other questions that you may have.*



Illinois Extension provides equal opportunity in program and employment. Trina Sprengelmeyer, BS and Karen Chapman-Novakofski RD, LD, PhD, 2004.