

Boone, DeKalb, Ogle Extension Unit 2



Illinois Extension
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

Extension Council Meeting

Health & Local Foods Subcommittee

Tuesday, May 30, 2023, 6:00pm

Zoom Meeting

Boone: ___ Megan Johnson ___ Mark Schuth

DeKalb: ___ Rylie Kues

Ogle: ___ Jamie Nobis ___ Sarah Hackbarth ___ Josh Nelson

Staff: ___ Bruce Black ___ Cindy Jankiewicz ___ Connie Handel ___ Judy Hodge

Agenda

1. Welcome/Introductions 6:00

Ice Breaker Question: *What is the first vegetable or fruit you are looking forward to this growing season?*

2. Description & Vision of the Committee

The Health & Local Foods Committee is being formed to address the issues of our communities with a more informed scope from our partner council members. Our partners will help in informing us of the current and future needs in our communities relating to health and local foods. This will allow us to provide program opportunities to address these needs as they arise.

3. Minutes

Review minutes from February meeting. Any questions?

4. Committee Changes

***Service years**

Judy explained the committee terms: length of term, when it starts and ends, when a person can rejoin the committee after a 1-year pause between terms, and she reminded everyone that all are invited to attend the September in-person meeting as a thank you to the current and outgoing members and a welcome to new members.

First Term ending August 31, 2023 – Megan Johnson, Jamie Nobis, Sarah Hackbarth, Josh Nelson

Eligible to start a 2nd term from Sept. 1, 2023 – Aug. 31, 2025.

After serving a 2nd term, members would need to take a year off and wouldn't be eligible to serve again until Sept. 1, 2026, for another 2-year term.

5. Program Reports (What we've done and what we are working on for the year)

• Local Foods

Boone County (Judy Hodge)

- Buchanan Street Garden – With 4-H club and MG, funding from local grange to get mulch, and lumber for a trellis, spruce up space
- NASR Community Garden – waiting for soil from a cemetery, thinking outside the box, shallow soil crops were planted
- Grow Your Own Food Garden Series
 - Tea Garden – June 8
 - What’s Bugging My Garden – July 13
 - Preserving Herbs – August 3
 - End of Season Gardening – September 7
- Library and Garden Club Programs – MGs are out there doing education, which is a new development from what was done in the past; by September, about 17 programs will have been done
- Boone County Farm Stroll – Sunday, October 1, 2023, 10am to 5pm – hoping to get new farmers to participate
- Seed Library – MGs haven’t been there much this year, because the location isn’t convenient for reaching people who come to get seeds
- Potential: Programing with Everest High School in Belvidere, an alternative High School for 16–18-year-olds, gardening/nature based for the fall, Peggy and Bruce may help with those

DeKalb County (Connie Handel)

- 3 big food donation gardens:
 - Engh Farm Garden
 - Dolce Vita/Northwestern Garden (Sycamore) - this garden also donates to the grow mobile
 - St. Paul’s Garden by NIU
- Oscar summer program – starts June 7 through early August – part of Sycamore school district, MGs do one of the stations
- Seed Starting Program at Walnut Grove Vocational Farms – in July – one MG is working on a program
- Garden Walk – July 15 – vegetable as well as flower gardens
- Give back gardening program being started by a MG, - home gardeners can donate to a food pantry

Ogle County (Cindy Jankiewicz)

- Seed Library – Rochelle Library is excited about this; the MGs are also looking into developing a demonstration garden
- Intergenerational Garden idea is on hold, the MGs would rather work with a closed group of kids who are chaperoned rather than unchaperoned
- Currently 2 MGs are interested in doing presentations, which is disproportionate to the number of requests that come in
- The Kitchen Table Gardens - coming along well, though TKT closed for a couple of weeks to regroup
- Ogle county Fair Gardens
- Presentations in the community
- Florissa summer camp
- Possibilities: LOMC open house in October

- **SNAP-Ed**

Boone County (Jan Saglier)

Youth programing:

- Illinois Junior Chef – Washington Academy
- OrganWise Guys – Lincoln Elementary – school is almost over
- Great Garden Detective and Serving Up My Plate – Perry Elementary

Adult programing:

- WIC Clinics at the Health Department
- UW Swedish American Hospital – offering Healthy Cents Nutrition Classes
- Participating with a local church to use their space to reach adults for programming

Summer:

- YMCA youth programing
- Keen Age Center – Adult programs
- Belvidere Park District – Adult programs

Not easy to reach the people, only allowed to advertise to participants of the Snap program; they don't always come to the programs

Dekalb and Ogle Counties (Brienne Gugerty)

- Three 5-day cooking schools in June: two with the HUB program at Lincoln Elementary School in Rochelle (June 5,6,7,8,12 and June 14,15,20,21,22) and one at Trinity Lutheran Church in Mount Morris (June 26- 30); Another is being scheduled for DeKalb
- Focusing on Summer lunch sites and food pantries
- And looking at plans for the University Village Apartment Complex in DeKalb

• **Family Life**

- Will be hiring for this position, look for an update at the next meeting.

6. Program Planning Discussion

What are you hearing in the community as potential programing needs for this year?

What have we addressed from our last meeting?

Jan scheduled a program with the library twice. Can only advertise to snap recipients, can't do a news release, didn't get people to register. Topics included cooking demonstration with things that are in your pantry, and how to stretch your dollars

Haven't implemented some of the ideas from last time yet because they require a family life position, to address the mental health issues

Jamie – If we're to do the farm stroll will need to get moving on this soon; The programs offered at Rock River Center have been well attended, should look at fall program soon, nutrition is always good, perhaps in conjunction with the diabetic health and support group

Mark - Senior mobile food truck will start up July 14 tentative date, sign up through Illinois food bank, Jan often attends so that she can pass out info on her classes, she also contributes to a recipe swap; Maybe advertise for seniors on the hunger coalition page

7. Next Meeting:

- September 26th, 2023 (In-person) at Fatties Pub and Grill in DeKalb at 6pm

- November 28th, 2023, 6pm Zoom, last meeting of 2023

8. **Adjourn** 6:35

Council Roles Summarized: * Linking University of Illinois Extension with local leadership, communities, agencies, and organizations.

* Supporting and advocating for Extension programs. Identifying needs and potential resources (human, financial, physical).

* Advise the program planning and implementation processes. * Assuring council membership represents all segments in counties served.

* Assuring program outreach meets equal opportunity and program access guidelines.