

# CHELSEY BYERS

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**CURRENT TITLE** University of Illinois Extension Educator III

## AREAS OF EXPERTISE

Researching and developing curricula and other educational materials. Utilizing many delivery methods, including face-to-face teaching, distance learning web-based applications, fact sheets, newsletters, and web development, to meet the needs of diverse audiences. Working with experts, other Extension Educators, campus-based specialists and other local and state agencies and organizations to develop, coordinate and deliver educational offerings. Evaluating programs for impact and reporting accomplishments to stakeholders. Coordinating publicity for programs and utilizing various media outlets such as newspaper, radio, web, and social media. Known in teams and committees for creating systems for streamlining information, processes, and workflow.

## EDUCATION

- Doctorate in Public Administration candidate  
University of Illinois, Springfield, IL Anticipated May 2024
- Master of Arts, Gerontology  
Eastern Illinois University, Charleston IL 2004
- Bachelor of Science, Recreation Administration, Therapeutic option, Minor: Psychology  
Eastern Illinois University, Charleston IL, 1999

## LEADERSHIP EXPERIENCE

- University of Illinois Family Life State Team Lead 2012 - 2013, 2019 - 2021
- University of Illinois Family and Consumer Sciences State Program Leader (*Acting*) Feb - Aug 2018
- North Central Region Extension Leadership Development Program, Co-lead 2017 -2019

## TEACHING EXPERIENCE

### LAY AND PROFESSIONAL AUDIENCES

- University of Illinois Extension, Family Life Educator 2011 - present
- University of Illinois Extension, Adult Life and Aging Educator 2007 - 2011
- Alzheimer's Association, Professional Education Coordinator 2005 - 2007

### COLLEGE STUDENTS

- Eastern Illinois University, Instructor, Therapeutic Recreation Spring 2016
- Lindenwood University, Instructor, Gerontology and Health Management Spring 2007

## WORK EXPERIENCE

- Project Manager for Illinois Health Care Reform Initiative 2013 - 2014
- Illinois Veteran's Home, Certified Therapeutic Recreation Specialist 2000 - 2003, 2005
- Gerontology Graduate Assistant Fall 2004
- Student Life Graduate Assistant 2003 - 2004

## BOARD EXPERIENCE

- Eastern Illinois University College of Health and Human Services Advisory Board 2022 - present
- Family Service of Champaign County, Board Member 2020 - present
- Area Health Education Center (AHEC), Advisory Board Member 2014 - present
- Eastern Illinois University Alumni Association Board, Board Member (3 terms) 2009 - 2018

## CERTIFICATIONS

- Diabetes Self-Management, Program Leader, Master Trainer 2017 - 2020
- Matter of Balance: Falls Prevention, Program Leader 2017 - 2020

- Chronic Disease Self-Management, Program Leader, Master Trainer 2008 - 2020
- Chronic Disease Self-Management Program Leader 2007 - 2020
- Real Colors, Facilitator 2007 - present
- NCTRC Certified Therapeutic Recreation Specialist (CTRS) 1999 – 2014

## HONORS AND AWARDS

### NATIONAL

- **Distinguished Service Award for Illinois**, National Extension Association of Family and Consumer Sciences, 2018 (Individual award).
- **Community Partnership Award**, National Extension Association of Family and Consumer Sciences, 1<sup>st</sup> Place National Winner for *Building Rural Community Partnerships to Increase Adults Healthy Brain Habits*, First Place National 2018 (Individual award).
- **Excellence in Multi-State Collaboration**, National Extension Association of Family and Consumer Sciences, 3<sup>rd</sup> Place National Winner for the *North Central Region Aging Network*, 2018.
- **Human Development/Family Relations Team Award**, National Extension Association of Family and Consumer Sciences, 2<sup>nd</sup> Place National Winner for *Aging: Everybody's Doing It! – Statewide Healthy Aging Summits*, 2018.
- **Innovations in Programming Team Award**, National Extension Association of Family and Consumer Sciences, 3<sup>rd</sup> Place National Winner for *Doing More with Less: Helping Older Adults Live Well*, 2018.
- **Florence Hall Award**, National Extension Association of Family and Consumer Sciences, 1<sup>st</sup> Place National Winner for family life team's work in brain health and aging, 2016.
- **Early Childhood Child Care Training Award**, National Extension Association of Family and Consumer Sciences, 2<sup>nd</sup> Place National Winner, 2016.
- **Community Partnership Award**, National Extension Association of Family and Consumer Sciences, 2<sup>nd</sup> Place National Winner for *Family Life/Illinois Municipal Retirement Fund (IMRF) Post Retirement Education Summer Series Ongoing Partnership*, 2014.

### REGIONAL

- **North Central Region's Team Excellence in Extension Award**, The North Central Region Aging Network (NCRAN), 2021.
- **Community Partnership Individual Award**, National Extension Association of Family and Consumer Sciences, 1<sup>st</sup> Place Central Region Winner for *Building Rural Community Partnerships to Increase Adults Healthy Brain Habits*, First Place Regional, 2018.
- **Excellence in Multi-State Collaboration**, National Extension Association of Family and Consumer Sciences, 3<sup>rd</sup> Place Central Region Winner for the *North Central Region Aging Network*, 2018.
- **Human Development/Family Relations Team Award**, National Extension Association of Family and Consumer Sciences, 2<sup>nd</sup> Place Central Region Winner for *Aging: Everybody's Doing It! – Statewide Healthy Aging Summits*, 2018.
- **Innovations in Programming Team Award**, National Extension Association of Family and Consumer Sciences, 1<sup>st</sup> Place Central Region Winner for *Doing More with Less: Helping Older Adults Live Well*, 2018.
- **Social Media Team Award**, National Extension Association of Family and Consumer Sciences, 2<sup>nd</sup> Place Central Region Winner for *Illinois Family Files Blog*, 2018.
- **Florence Hall Award**, National Extension Association of Family and Consumer Sciences, 1<sup>st</sup> Place Central Region Winner for family life team's work in brain health and aging, 2016.
- **Early Childhood Child Care Training Award**, National Extension Association of Family and Consumer Sciences, 2<sup>nd</sup> Place Central Region Winner, 2016.
- **Community Partnership Award**, National Extension Association of Family and Consumer Sciences, 1<sup>st</sup> Place Central Region Winner for *Family Life/Illinois Municipal Retirement Fund (IMRF) Post Retirement Education Summer Series Ongoing Partnership*, 2014.
- **Early Career Award**, Epsilon Sigma Phi, North Central Region, October 2014,
- **Communications Award/Educational Publications**, National Extension Association of Family and Consumer Sciences, 1<sup>st</sup> Place Central Region Winner for *Parenting Again*, 2013.

## STATE

- **Individual Excellence in Extension Award**, University of Illinois Extension 2019.
- **Early Career Award**, Epsilon Sigma Phi, Tau Chapter 2013.

## SCHOLARSHIP

- Frank Shuman **Professional Development** Scholarship Recipient, 2019.

## OTHER

- **Leadership and Service Award**, Eastern Illinois University, College of Health and Human Services (Formally known as the College of Education and Professional Studies), 2015.

## EXTENSION PUBLICATIONS AND PROGRAMS

- Hofer, M., **Byers Gerstenecker, C.**, & Allan, C. (2019). *Wits Workout: An Engaging, Interactive, and Educational Brain Health Program* (facilitator's guide). University of Illinois Extension.
- **Byers, C.** & Hofer, M. (2018). *Brain Health: It's a No Brainer* (three-part brain health series). University of Illinois Extension.
- Hofer, M. & **Byers, C.** (2015). *Hold That Thought*. University of Illinois Extension.
- **Byers, C.** & Hofer, M. (2014). *Someday is Today: Live Your Bucket List*. University of Illinois Extension.
- Hofer, M., **Byers, C.** & Allan, C. (2014). *Talking About the Generations*. University of Illinois Extension.
- **Byers, C.** & Hofer, M. (2013). *How to Make a Meaningful Nursing Home Visit*. University of Illinois Extension.
- **Byers, C.**, Hofer, M. & Burcham, C. (2013). *Simplify Your Life by Clearing the Clutter*. University of Illinois Extension.
- **Byers, C.**, Hofer, M., & Schwarzendruber, R. (2012). *Grandparents Have an Important Role in a Child's Life*. University of Illinois Extension.
- **Byers, C.** & Hofer, M. (2012). *Head Strong*. University of Illinois Extension.
- Burcham, C., **Byers, C.** & McCoy, J. (2012). *Finding Strength in Trying Times*. University of Illinois Extension.
- **Byers, C.**, Griswold, A., & Pyatt, J. (2010). *Celebrations and Traditions: Strengthening Family and Community*. University of Illinois Extension.
- Hofer, M. & **Byers, C.** (2010). *Who Gets Grandma's Yellow Pie Plate?* (Revision). University of Illinois Extension.
- **Byers, C.** & Hofer, M. (2009). *FIT WITS: Fostering Improved Thinking While Incorporating Training Strategies*. University of Illinois Extension.
- **Byers, C.** (2009). *Family Dynamics in Caregiving*. University of Illinois Extension.
- **Byers, C.** (2008) *Share your Lifestory*. University of Illinois Extension.
- **Byers, C.** & Hofer, M. (2008). *Small Change = Big Impact: Advocating for Person Centered Care*. University of Illinois Extension.
- Hofer, M., & **Byers, C.** (2008). *Building a Better Memory for Everyday Life* (Revision). University of Illinois Extension.

## JOURNAL PUBLICATIONS

- Brown, L.E. & **Byers, C.** (2020). Gerontology in Family Consumer Sciences: Where do we go from here? *Journal of Family and Consumer Sciences*. doi:10.14307/JFCD112.3.23
- Yelland, E. L., Benson, J. J., Litzelman, K., **Gerstenecker, C. B.**, Bartholomae, S., & Stanfield, M. H. (2019). An analysis of aging-related needs and programming across the North Central Extension Region. *Journal of Extension*, 57 (6) Feature 6a2. <https://joe.org/joe/2019december/a2.php>

## PEER REVIEWED CONFERENCE PRESENTATIONS

- Hofer, M., Bobitt, J, **Byers, C**, Payne, L., & Goethe, N. (2022, April 14). Lessons Learned from the Planning and Implementation of the Wits Workout Randomized Controlled Trial (RCT): A community based holistic brain health intervention. American Society on Aging Conference, New Orleans, LA.
- Bates, J., **Byers, C.**, & Yelland, E. (2019, May 2). Educational Toolkit for Enhancing Aging Programming. National Health Outreach Conference, Fort Worth, TX.
- **Byers, C.** (September 2018). Building Rural Partnerships. *National Extension Association of Family and Consumer Sciences*, San Antonio, TX.
- Yelland, E. L., Benson, J. J., & **Byers Gerstenecker, C.** (2018, June 12). Aging-related needs in the North Central Region: A needs assessment. *National Extension Association of Family and Consumer Sciences Webinar Series*.
- Benson, J. J., Yelland, E. L., Brown, L., & **Byers Gerstenecker, C.** (2018, May). Consciousness-raising about age and ageism. Facilitated discussion presented at the National Health Outreach Conference, Minneapolis, MN.
- Hofer, M. & **Byers, C.** (2017). *Brain Health is a Hot Topic in Illinois*. Aging in America National Conference, American Society on Aging, Chicago, IL.
- Bates, J. S., Stum, M., **Byers Gerstenecker, C.**, Brown, L., Yelland, E., & Cronk, L. (2017). Exploration of aging in the National Framework for Health and Wellness: The educator's View. Panel Discussion National Health Outreach Conference, Annapolis, MD.
- **Byers, C.** & Hofer, M. (2017). *Brain Health is a Hot Topic in Illinois*. Poster Presentation National Health Outreach Conference, Annapolis, MD.
- **Byers, C.** & Hofer, M. (2017). *Brain Health is a Hot Topic in Illinois*. American Society on Aging, Chicago, IL.
- Bates, J. S., Stum, M., **Byers Gerstenecker, C.**, Brown, L., Yelland, E. L., Cronk, L., Bartholomae, S., Beaulieu, B., Benson, J., Litzelman, K., & Strommen, J. (2017, May). Exploration of aging in the National Framework for Health and Wellness: The educator's View. Panel Discussion at the National Health Outreach Conference, Annapolis, MD.
- **Byers, C.** & Hofer, M. (2017). *Brain Health is a Hot Topic in Illinois*. National Health Outreach Conference, Annapolis, MD.
- Payne, L. L., McCaffrey, J., Huhman, M., Quick, B. L., Reif, J., Farner, S., & **Byers, C.** (2015). Community college students' awareness and attitudes toward health insurance and the ACA insurance program. *National Health Outreach Conference*, Atlanta, GA, May 8, 2015.
- Allan, C., Burcham, C., **Byers, C.**, Hofer, M., & McCoy, J. (2014). *University of Illinois Extension Reaches Childhood Professionals Statewide with Distance Learning*. National Extension Association of Family and Consumer Sciences Conference, Lexington, KY.
- **Byers, C.**, Hofer, M., Burcham, C., McCoy, J., & Allan, C. (2013). *University of Illinois Extension Contributes to Brain Fitness of Older Residents*. Galaxy IV – Bridging the Centuries Conference, Pittsburgh, PA.
- Payne, L. L., Harvey, I.S., Janke, M., **Byers, C.**, & Coyle, H. (2010). *The role of community parks and recreation in the management of chronic disease: The Illinois multi-disciplinary statewide chronic disease initiative*. World Leisure Congress, August 28-September 2, Chun, South Korea.
- Payne, L. L., Janke, M., Harvey, S., Prohaska, T., Etkin, C., Bright, D., Oquendo Scharneck, M. & **Byers, C.** (2010). *Importance of community parks and recreation in the management of chronic conditions: The statewide Illinois initiative*. International Healthy Parks, Healthy People Congress, April 10-16, Melbourne, Australia.
- Hofer, M., & **Byers, C.** (2010). *Parenting Again*. American Society on Aging National Conference, Chicago, IL.

## OTHER INVITED PRESENTATIONS

- **Byers, C.** (2020). Lead by example with humanity, humor, and humility. Illinois Nursing Home Administrators Association, webinar.
- **Byers, C** & Hofer, M. (2020). *Wits Workout*. Illinois Library Association, webinar.
- Bucham, C & **Byers, C.** (2020). *You've Got this: Resiliency, Self-Care, and Re-engagement*. Illinois Department on Aging, staff training, webinar.

- **Byers, C** & Hofer, M. (2019). *Communication Challenges and Strategies for People with Dementia*. Illinois Recreation Therapy Association State Conference, Alsip, IL.
- **Byers, C** & Belzer, K. (2019). *Communication Challenges and Strategies for People with Dementia*. Illinois Health Care Association, Springfield, IL.
- **Byers, C** & Belzer, K. (2019). *Communication Challenges and Strategies for People with Dementia*. Home Care Association of America, Naperville, IL.
- **Byers, C.** & Hofer, M. (2018). *Brain Health: It's a No Brainer* (three-part series via national webinar), North Central Region Aging Network.
- **Byers, C.** & Thieman, E. (2017). *Life Hacks 101: Tackling Stress & Increasing Recovery*. University of Illinois Extension Annual Conference, Champaign, IL.
- Belzer, K. & **Byers, C.** (2017). *Someday is Today: Live Your Bucket List*. University of Illinois Extension Annual Conference, Champaign, IL.
- Hofer, M. & **Byers, C.** (2017). *Sharing One's Lifestory*. Illinois Recreation Therapy Association State Conference, Alsip, IL.
- **Byers, C.** & Hofer, M. (2016). *Brain Health is a Hot Topic in Illinois*. University of Illinois Extension Annual Conference Broader Impact Lightning Talk, Champaign, IL.
- Hofer, M. & **Byers, C.** (2016). *Hold That Thought*. Illinois State TRIAD Conference, Champaign, IL.
- Hofer, M. & **Byers, C.** (2016). *Live Your Bucket List*. Illinois State TRIAD Conference, Champaign, IL.
- Hofer, M. & **Byers, C.** (2015). *Hold That Thought*. Illinois Recreation Therapy Association State Conference, Alsip, IL.
- Hofer, M. & **Byers, C.** (2015). *Simplify Your Life by Clearing the Clutter*. Illinois State TRIAD Conference, Champaign, IL.
- **Byers, C.** & Hofer, M. (2014). *FITWITS*. Illinois State TRIAD Conference, Kankakee, IL.
- Hofer, M. & **Byers, C.** (2011). *Work Life Balance*. Association of Illinois Public Retirement Systems Annual Conference, Oak Brook, IL.
- **Byers, C.** & Hofer, M. (2011). *Sharing One's Lifestory*. Illinois Recreation Therapy Association State Conference, Alsip, IL.
- **Byers, C.** & Payne, L. L. (2011). Live well be well: Enhancing health and wellness among adults with chronic conditions. *Third Annual Symposium on the Strategies for Healthy Aging*. Center for Health, Aging and Disability (CHAD), Champaign, IL.
- Hofer, M., **Byers, C.**, Hall, K., & Petry, B. (2010). *Developing a Post Retirement Education Program*. Association of Illinois Public Retirement Systems Annual Conference, Oak Brook, IL.
- Janke, M. C., Payne, L. L., & **Byers, C.** (2009). Stanford Chronic Disease Self-Management Program: How can therapeutic recreation get involved? *Annual Illinois Recreational Therapy Association Conference*, Alsip, IL.
- **Byers, C.** (2009). *Back to the Basics of Behaviors*. Focus Forward Alzheimer's Association Annual Caregiver Conference, Joliet, IL.
- **Byers, C.** (2009). *Engaging Generations*. Midwest Women in Agriculture. Purdue Extension, Plymouth IN.
- **Byers, C.**, & Hofer, M., (2008). *Building a Better Memory for Everyday Life*. Governor's Conference on Aging, Chicago, IL.
- **Byers, C.** (2008). *Understanding the ABC's of Behaviors*. Focus Forward Alzheimer's Association Annual Caregiver Conference, Joliet, IL.

## GRANTS AND CONTRACT PROPOSALS AWARDED

- Bates, J., **Byers, C.**, Eun Lee, J, Miller, K. (2022). *Gathering with Extension Professionals from Historically Black Colleges and Universities and Tribal Colleges and Universities in the North Central Region to Seek Understanding and Create Collaborative Partnerships in Aging*. North Central Regional Center for Rural Development. May 2022 to September 2023 \$25,00 **Co-principal Investigator**.
- Bobitt, J, Payne, L, Goethe, N, **Byers, C.** & Hofer, M. (2021). *Evaluation of Wits Workout*. Midwest Roybal Center for Health Promotion and Translation. June 2021 to May 2022, \$50,000. **Co-Investigator**.
- Yelland, E. L., Bartholomae, S., Bates, J., Beaulieu, B., Benson, J., Brown, L., **Byers, C.**, Cronk, L., Litzelman, K., Strommen, J., & Stum, M. (2017). *North Central Region Aging Network Toolkit*

*Development.* North Central Regional Center for Rural Development. October 2017 to September 2018, \$24,655. **Co-principal Investigator.**

- Payne, L. L., Schwingel, A., & Bobitt, A. *Pathways to health: Dissemination and evaluation of the chronic disease self-management program.* Administration on Community Living via AgeOptions (\$77,708 requested and funded). September 2015 to September 2017. **Collaborator.**
- Payne, L. (PI), Huhman (Co-PI), M., Quick, B, McCaffrey, J., Reif, J., & Farner, S. (2013). *Illinois Health Care Reform Initiative.* University of Illinois Campus Extension Program. August 2013 to December 2017, \$213,143. **Collaborator.**
- Payne, L. L. (2008). *Impact and Dissemination Evaluation of the Illinois Chronic Disease Self-Management Program* (total budget is \$197,117 over two years; \$40,000 sub-contracted to UIUC). Retirement Research Foundation (PI-Tom Prohaska, UIC). **Collaborator.**
- Payne, L., Janke, M. (Co-PIs), & Son, J., Harvey, I. S. (Investigators). *Take Charge of Your Health: Live Well, Be Well: A Holistic Chronic Disease Self- Management Program.* University of Illinois at Urbana-Champaign Extension (Flagship program – July 2007 to September 2010), \$324,020. **Collaborator.**
- **Byers, C.** and Hofer, M. *Small Change = Big Impact: Advocating for Person Centered Care.* Illinois Pioneer Coalition. March 2008 – August 2008, \$2,000.

## SERVICE

### STUDENT INTERNS

Semester	Student	School	Area of Study	Sole/Shared
Spring 2022	Anum Paya	University of Illinois	Interdisciplinary Health Sciences (behavior change)	100%
Spring 2022	Danny Vogwill	University of Illinois	Interdisciplinary Health Sciences (behavior change)	100%
Spring 2022	Drake White	University of Illinois	Interdisciplinary Health Sciences (behavior change)	100%
Fall 2021	Alexis Sanders	University of Illinois	Community Health	100%
Spring 2021	Kenny Kolke	University of Illinois	Interdisciplinary Health Sciences (behavior change)	100%
Spring 2021	Julie Harper	Eastern Illinois University	Aging Studies (Master's Program)	Shared 50/50
Fall 2020	Cailey Cranny	University of Illinois	Interdisciplinary Health Sciences (behavior change)	100%
Summer 2020	Krishna Patel	University of Illinois	Social Work (aging interest)	Shared 50/50
Summer 2020	Kelly McCausland	Eastern Illinois University	Health and Human Services (child development)	Shared 50/50
Summer 2020	Jordyn Hayes	Eastern Illinois University	Health and Human Services (child development)	100%
Summer 2020	Sabrina Miller	Eastern Illinois University	Health and Human Services (aging)	100%
Spring 2019	Corinne Cannavale	University of Illinois	Neuroscience	Special Project
Spring 2019	Rachel Dickey	University of Illinois	Interdisciplinary Health Sciences (behavior change)	100%
Spring 2019	Stephanie Taylor	University of Illinois	Social Work (aging interest)	Shared 50/50
Spring 2018	Kyle Dickey	University of Illinois	Interdisciplinary Health Sciences (behavior change)	100%
Spring 2018	Ben Cochran	University of Illinois	Interdisciplinary Health Sciences (behavior change)	100%
Spring 2018	Emily Baine	Eastern Illinois University	Family and Consumer Sciences	100%
Spring 2017	Brittney Albrecht	University of Illinois	Interdisciplinary Health Sciences (behavior change)	100%

## REVIEWER SERVICE

### CONFERENCE PROPOSALS

- National Extension Association of Family Consumer Sciences Conference 2020
- National Health Outreach Conference 2018

### GRANT PROPOSALS

- Ohio State Grant Review Process, December 2018

## **BOOKS AND VOLUMES**

- Mindfulness Guide for Adults, March 2020

## **AWARDS**

- Eastern Illinois University Alumni Association Scholarship Committee, 2012
- The Katie Memorial Foundation Scholarship, 2010

## **ELECTED AND SELECTED LEADERSHIP POSITIONS**

### **NATIONAL**

- Mentor, Leadership Experience, National Extension Association of Family Consumer Sciences, 2021
- Member, National Health Outreach Conference Planning Committee, 2018

### **REGIONAL**

- Co-Chair, *North Central Region Aging Network*, 2018 - 2020
- Liaison to the North Central Region Family and Consumer Science Program Directors, *North Central Region Aging Network*, 2018 - 2020

### **UNIVERSITY EXTENSION**

- President, Illinois Association of Family and Consumer Sciences, 2014 - 2015
- Newsletter Co-Chair, Epsilon Sigma Phi, Tau Chapter, 2014 - 2017
- Chair, Field Staff Advisory Committee, 2013
- President-Elect, Illinois Association of Family and Consumer Sciences, 2013
- Chair, Northeast Region Professional Development Committee, 2009 - 2010

## **COMMITTEE SERVICE**

### **NATIONAL EXTENSION**

- National Extension Association of Family Consumer Sciences Nominations Committee, 2019 – present
- National Extension Association of Family Consumer Sciences Professional Development Committee, 2018 - 2019

### **UNIVERSITY**

- Extension Representative, Dean's Executive Committee, 2013

### **UNIVERSITY EXTENSION**

- Annual Conference Planning Committee, *University of Illinois Extension*, 2018
- IT and Communications Committee, 2013 - 2015
- Field Staff Advisory Council - 2012
- Marketing & Reporting Committee - 2008 - 2010
- Northeast Region Professional Development Committee - 2008 - 2010; Chair 2009 - 2010

### **LOCAL COMMUNITY COMMITTEES**

- Champaign County Senior Task Force, 2015 - present
- Champaign County Committee on Aging, 2013 - present
- Human Services of Champaign County, 2013 - present
- Ford County Network Panel, 2014 - 2019
- Ford-Iroquois Health Improvement Coalition/I-PLAN, 2014 - 2015
- Ford-Iroquois Health Department - IPLAN Development Committee, 2014
- Mobilizing for Action through Planning and Partnerships (MAPP) Will County - Childhood Obesity and Chronic Health Conditions Committee - 2011 - 2012
- Alzheimer's Association of Greater Illinois Program Committee - 2008 - 2012
- Kankakee County Senior Providers Group - 2007 - 2012
  - Senior Legislative Day - Planning Committee - 2008 - 2012
  - Bridge the Gap Conference - Planning Committee - 2008-2012; Co-chair 2010 - 2012
- Representative Lisa Dugan's Senior Advisory Committee - 2008 - 2011
- Illinois Health Care's Coalition - Planning Committee - 2008 - 2012

### *UNIVERSITY EMPLOYEE SEARCH COMMITTEES*

- Visiting Extension Specialist, Interdisciplinary Health – Mental Health
- County Extension Director (x2)
- Extension Educator, Family Life
- Information Technology Analyst (x3)

### **OTHER SERVICES**

#### Website Content Management

- North Central Region Aging Network (NCRAN), WordPress 2016 – present
- University of Illinois Extension, Family Life Team, Drupal 2019 – present
- Epsilon Sigma Phi, Illinois Tau Chapter, Wild Apricot 2021 – present

### **PROFESSIONAL AFFILIATIONS**

- American Society on Aging 2007 - present
- Epsilon Sigma Phi 2007 - present
- National Extension Association of Family and Consumer Sciences 2007 - present
- Sigma Phi Omega 2004 – present